

Infant Characteristics Questionnaire (ICQ)

The following questions are about how your baby behaves. Please answer them for him/her in comparison to others. "About average" means how you think the typical child would be scored.

<p>1. How easy or difficult is it for you to calm or soothe your baby when he/she is upset?</p> <p>1 ... Very Easy</p> <p>2</p> <p>3</p> <p>4 ... About Average</p> <p>5</p> <p>6</p> <p>7 ... Difficult</p>	<p>2. How many times per day, on average, does he/she get fussy and irritable—for either short or long periods of time?</p> <p>1 ... Never</p> <p>2 ... 1-2 times per day</p> <p>3 ... 3-4 times per day</p> <p>4 ... 5-6 times per day</p> <p>5 ... 7-9 times per day</p> <p>6 ... 10-14 times per day</p> <p>7 ... 15 times per day or more</p>
<p>3. How much does he/she cry and fuss in general?</p> <p>1 ... Very little—much less than the average child</p> <p>2</p> <p>3</p> <p>4 ... Average amount—about as much as the average baby/child</p> <p>5</p> <p>6</p> <p>7 ... A lot—much more than the average baby/child</p>	<p>4. How easily does he/she get upset?</p> <p>1 ... Very hard to upset—even by things that upset most babies/children</p> <p>2</p> <p>3</p> <p>4 ... About average</p> <p>5</p> <p>6</p> <p>7 ... Very easily upset by thing that wouldn't bother most babies/children</p>
<p>5. When he/she gets upset (e.g. before feeding, during diapering, etc.) how vigorously or loudly does he/she cry and fuss?</p> <p>1 ... Very mild intensity or loudness</p> <p>2</p> <p>3</p> <p>4 ... Moderate intensity or loudness</p> <p>5</p> <p>6</p> <p>7 ... Very loud or intense—really cuts loose</p>	<p>6. How changeable is his/her mood?</p> <p>1 ... Changes seldom and changes slowly when he/she does change</p> <p>2</p> <p>3</p> <p>4 ... About average</p> <p>5</p> <p>6</p> <p>7 ... Changes often and rapidly</p>

7. On average, how much attention does he/she require, other than for caregiving (feeding, bathing, diaper changes, etc.)?

1 ... Very little—much less than the average baby/child

2

3

4 ... Average amount

5

6

7 ... A lot—much more than the average baby/child

8. When left alone, does he/she play well by him/herself?

1 ... Almost always

2

3

4 ... About half the time

5

6

7 ... Almost never—won't play by self

9. Please rate the overall degree of difficulty your baby would present for the average parent?

1 ... Very easy

2

3

4 ... Ordinary, some problems

5

6

7 ... Highly difficult to deal with