

Dyadic Adjustment Scale

Screening Question: Are you currently in a romantic relationship?

- Yes
 No
 (If participant does not currently have a romantic partner, then do not complete this questionnaire.)

Most people have disagreements in their relationships. Please indicate the approximate extent of agreement or disagreement between you and your partner for each of the following items.

	Always Agree	Almost Always Agree	Occasionally Agree	Frequently Disagree	Almost Always Disagree	Always Disagree
1. Philosophy of life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. Aims, goals, and things believed to be important.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. Amount of time spent together.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

How often would you say the following events occur between you and your partner?

	Never	Less than once a month	Once or twice a month	Once or twice a week	Once a day	More often
4. Have a stimulating exchange of ideas.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
5. Calmly discuss something.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
6. Work together on a project.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The options below represent different degrees of happiness in your relationship. The middle option, "happy", represents the degree of happiness of most relationships. Please indicate what best describes the degree of happiness, all things considered, of your relationship.

- Extremely Unhappy
 Fairly Unhappy
 A Little Unhappy
 Happy
 Very Happy
 Extremely Happy
 Perfect