WORKSHEET 3.2: WHAT DO YOU LIKE TO DO?

INSTRUCTIONS: Write down things you enjoy doing. Try to think of some things you can do alone or things you can do with others. There is no right answer - only you know what you enjoy doing!

1. ____________________________  6. ____________________________
2. ____________________________  7. ____________________________
3. ____________________________  8. ____________________________
4. ____________________________  9. ____________________________
5. ____________________________  10. ____________________________

Now write down things you enjoy doing with your baby or things you can do with your baby when he/she is born.

1. ____________________________  6. ____________________________
2. ____________________________  7. ____________________________
3. ____________________________  8. ____________________________
4. ____________________________  9. ____________________________
5. ____________________________  10. ____________________________