

WORKSHEET 5.2:

FROM BIRTH TO AGE 1--SOME THINGS BABIES LIKE TO DO

AGE	WHAT BABIES LIKE TO DO
Newborn	Imitate—make faces, stick out your tongue and watch your baby imitate you Rock—going for a ride in a stroller can also be calming Listen to soft music, a musical toy, or your voice Be touched—gently massage your baby
1 Month	Track objects Watch mobiles Practice exercising feet using bicycle movements
2 Months	Play with hand puppets Gently bounce up and down Hold and play with a rattle
3 Months	Shake a rattle on his/her wrist Listen to music with rhythm Play with toys that are attached with strings and practice batting
4 Months	Play peek-a-boo Practice rolling from stomach to back Watching bubbles
5 months	Looking in a mirror Play with a roly-poly toy (a toy that turns up when knocked over) Swing in an infant swing
6 Months	Play patty-cake Play with other babies Go on piggy back rides
7 Months	Play tug of war Play “look for the toy after you hide it” Looking at books with lots of pictures and colors
8 Months	Learn the sounds that animals make Play hiding games Bang on pots and pans
9 Months	Roll a ball back and forth to you Practice standing up
10 Months	Push a car or truck on the floor Tear magazines Blow bubbles
11 Months	Push things with levers Pour things from one container to another (try cereal) Play in the water
1 Year	Play with a big beach ball Toss bean bags or balls (or crumpled up paper) into a container Play with his or her shadow Explore the world around them

