

## **Mothers & Babies Training and Technical Assistance -- Scope of Work and Costs**

Our MB training model is a 12-month process, which includes pre-training activities (e.g. planning meetings, town hall introduction to MB for participants and community partners), training for direct service providers and supervisors, monthly consultation during early implementation, and implementation evaluation at the conclusion of the year.

### **Training structure**

Three half-day virtual training sessions (9 hours), with additional 90-minute trainer session

For large groups (50+), or groups with numerous local implementing agencies, multiple training and consultation cohorts may be necessary.

### **Early Implementation**

MB implementation consultation is provided in small group format. Consultation groups typically consist of local implementing agency teams and communities of practice.

### **Evaluation and Maintenance**

MB implementation evaluation is conducted annually, for 3 years, to assess implementation from direct service providers, supervisors, and program managers, to inform a continuous quality improvement feedback loop for ongoing MB implementation and sustainment.

### **Site Usage Fee**

\$250 per implementing site. We do not charge for purchasing the Mothers and Babies curriculum. The site usage fee allows our team to maintain resources and administrative services related to the MB intervention.

### **MB Course Materials**

MB intervention manuals for facilitators and participants are free to download from our website. Printing costs should be budgeted and covered by local implementing agencies.

### **Indirect Costs**

Northwestern University charges an indirect rate for sponsored activities, which is 32.8% for off-campus services. If your organization or funder has an indirect rate policy that is lower than NU's rate, NU will honor your IDC rate.

### **Sample budgets for MB Training and Technical Assistance Costs**

Costs vary based on the composition and size of the training cohort. Please contact the MB team to discuss your organizational structure and needs, to obtain a tailored scope of work and budget.

#### 1-4 programs (LIAs), 50 or fewer participants

- \$10,000
- Single training, multiple consultation groups

#### 5-9 programs (LIAs), 50 or fewer participants

- \$15,000
- Single training, multiple consultation groups

#### 10-15 programs (LIAs), 50-100 participants

- \$20,000
- Multiple trainings, multiple consultation groups per training cohort

#### 16-20 programs (LIAs), 100+ participants

- \$30,000
- Multiple trainings, multiple consultation groups per training cohort

#### 21-30 programs (LIAs), 100+ participants

- \$40,000
- Multiple trainings, multiple consultation groups per training cohort