

Moms FAQ:

What is the purpose of this study?

- In a previous study we were looking at the effects of groups that taught women skills to manage stress during pregnancy
- This is a follow up study that includes the whole family to learn how those groups affect parenting and early childhood development

What does participation in this study include?

- We will ask you take five surveys about your mood, stress, life events, and interactions with your child
- The surveys will be every six months starting when your child is 2.5 years old
- If you live in Illinois, we may also ask you to participate in three observational assessments in your home or in the Northwestern offices in Chicago

Do I need to live in Illinois to participate?

- No, you can take all surveys online or over the phone
- Only participants living in Illinois will be eligible for the observational assessments

Do I have to do the observations?

- No, you can choose not to take part in the observational assessments and still take the surveys

How will I be compensated?

- If you agree to take part in this research study, we will provide you with a prepaid stored value gift card for each survey and observation completed
- The amount of the gift card will depend on the time point of the survey/observation:

Surveys (\$150)

- 1st survey: \$25 gift card
- 2nd survey: \$25 gift card
- 3rd survey: \$30 gift card
- 4th survey: \$35 gift card
- 5th survey: \$35 gift card

Observations (\$90)

- 1st observation: \$25 gift card
- 2nd observation: \$30 gift card
- 3rd observation: \$35 gift card

Can you send my gift card early?

- Unfortunately, we cannot send gift cards until you complete your surveys or observations
- We will send the gift card once you complete your first survey
- If you keep it, we can reload it for future surveys